

**Table 6-4. Five Most Commonly Consumed Bay Fish**

<b>Species and Edible Portion</b>	<b>Evaluation Length (cm)</b>
<b>Striped bass, muscle without skin</b>	<b>60</b>
<b>California halibut, muscle without skin</b>	<b>75</b>
<b>Jacksmelt, muscle with skin and skeleton</b>	<b>25</b>
<b>White sturgeon, muscle without skin</b>	<b>135</b>
<b>White croaker, muscle with skin</b>	<b>25</b>